



HENDERSONVILLE  
ACUPUNCTURE  
PATIENT INFORMATION

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_  
Age: \_\_\_\_\_  Male  Female Marital Status: \_\_\_\_\_  
Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Occupation: \_\_\_\_\_  
Home Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_  
Work phone: \_\_\_\_\_ Email address: \_\_\_\_\_

Referred by: \_\_\_\_\_

Are you under the care of a physician now?  Yes  No

If yes, what for: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

I have been presented with and read the patient Notice of Privacy Policies form  
and agree to the terms stated:  Yes  No

Reason for today's visit: \_\_\_\_\_

How long have you had this condition: \_\_\_\_\_

Are you receiving other treatments for this condition? (please specify): \_\_\_\_\_  
\_\_\_\_\_

Have you had Acupuncture?  Yes  No

Have you used Chinese Herbs before?  Yes  No

Is your condition getting:  Worse  Better

What seemed to be the initial cause: \_\_\_\_\_

Please list current medications you are taking, including vitamins, herbs, etc: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Family Medical History:**

- |  |                                       |  |                                 |
|--|---------------------------------------|--|---------------------------------|
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Strokes      | <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> Seizure       | <input type="checkbox"/> Alcoholism   | <input type="checkbox"/> High blood pressure |                                 |
| <input type="checkbox"/> Cancer        | <input type="checkbox"/> Other: _____ |  |                                 |

**Your Past Medical History:**

- |                                       |                                       |   |  |
|---------------------------------------|---------------------------------------|---|--|
| <input type="checkbox"/> HIV/AIDS     | <input type="checkbox"/> Alcoholism   | <input type="checkbox"/> Allergy            | <input type="checkbox"/> Appendicitis  |
| <input type="checkbox"/> Athsma       | <input type="checkbox"/> Cancer       | <input type="checkbox"/> Chicken Pox        | <input type="checkbox"/> Diabetes      |
| <input type="checkbox"/> Emphysema    | <input type="checkbox"/> Epilepsy     | <input type="checkbox"/> Goiter             | <input type="checkbox"/> Heart Disease |
| <input type="checkbox"/> Hepatitis    | <input type="checkbox"/> Hypertension | <input type="checkbox"/> Multiple Sclerosis | <input type="checkbox"/> Mumps         |
| <input type="checkbox"/> Pacemaker    | <input type="checkbox"/> Pneumonia    | <input type="checkbox"/> Seizure            | <input type="checkbox"/> Stroke        |
| <input type="checkbox"/> Thyroid      | <input type="checkbox"/> TB           | <input type="checkbox"/> Typhoid Fever      | <input type="checkbox"/> Ulcers        |
| <input type="checkbox"/> Other: _____ |                                       |   |  |

List any hospitalizations you've had during the past 5 years:

\_\_\_\_\_

\_\_\_\_\_

Surgeries (list): \_\_\_\_\_

\_\_\_\_\_

**Your Lifestyle:**

- |                                  |   |                                 |                                  |
|----------------------------------|---|---------------------------------|----------------------------------|
| <input type="checkbox"/> Alcohol | <input type="checkbox"/> Marijuana            | <input type="checkbox"/> Stress | <input type="checkbox"/> Tobacco |
| <input type="checkbox"/> Drugs   | <input type="checkbox"/> Occupational Hazards |                                 |                                  |

Regular Exercise:  Yes  No If so, what type: \_\_\_\_\_

How often: \_\_\_\_\_

**General Symptoms:**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Poor appetite             | <input type="checkbox"/> Dream disturbed sleep   | <input type="checkbox"/> Shortness of breath |
| <input type="checkbox"/> Excess appetite           | <input type="checkbox"/> Fatigue                 | <input type="checkbox"/> Fever               |
| <input type="checkbox"/> Strongly like cold drinks | <input type="checkbox"/> Lack of strength        | <input type="checkbox"/> Chills              |
| <input type="checkbox"/> Strongly like hot drinks  | <input type="checkbox"/> Peculiar taste in mouth | <input type="checkbox"/> Night sweats        |
| <input type="checkbox"/> Recent weight loss/gain   | <input type="checkbox"/> Body feels heavy        | <input type="checkbox"/> Sweat easily        |
| <input type="checkbox"/> Bleed or bruise easily    | <input type="checkbox"/> Cold hands/feet         | <input type="checkbox"/> Muscle cramps       |
| <input type="checkbox"/> Poor sleep                | <input type="checkbox"/> Poor circulation        | <input type="checkbox"/> Verigo or dizziness |
| <input type="checkbox"/> Sleep too much            |  |  |

**Head, Eyes, Ears, Nose, Throat:**

- |  |                                      |   |   |
|--|--------------------------------------|---|---|
| <input type="checkbox"/> Glasses         | <input type="checkbox"/> Headaches   | <input type="checkbox"/> Red eyes       | <input type="checkbox"/> Itchy eyes     |
| <input type="checkbox"/> Spots in eyes   | <input type="checkbox"/> Poor vision | <input type="checkbox"/> Blurred vision | <input type="checkbox"/> Dry eyes       |
| <input type="checkbox"/> Night blindness | <input type="checkbox"/> Glaucoma    | <input type="checkbox"/> Cataracts      | <input type="checkbox"/> Teeth problems |
| <input type="checkbox"/> Grinding teeth  | <input type="checkbox"/> TMJ         | <input type="checkbox"/> Facial pain    | <input type="checkbox"/> Gum            |

**Problems:**

- |  |   |  |   |
|--|---|--|---|
| <input type="checkbox"/> Dry mouth       | <input type="checkbox"/> Excess saliva        | <input type="checkbox"/> Sinus problems        | <input type="checkbox"/> Swollen glands   |
| <input type="checkbox"/> Lumps in throat | <input type="checkbox"/> Enlarged thyroid     | <input type="checkbox"/> Nose bleeds           | <input type="checkbox"/> Poor hearing     |
| <input type="checkbox"/> Ringing in ears | <input type="checkbox"/> Sores on lips/tongue | <input type="checkbox"/> Recurrent sore throat | <input type="checkbox"/> Excessive phlegm |
- color of phlegm: \_\_\_\_\_

Respiratory:

- |  |  |                                      |
|--|--|--------------------------------------|
| <input type="checkbox"/> Difficulty breathing lying down | <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Tight chest |
| <input type="checkbox"/> Asthma / Wheezing               | <input type="checkbox"/> Pneumonia           | <input type="checkbox"/> Cough       |
| <input type="checkbox"/> Strongly like cold drinks       | <input type="checkbox"/> Lack of strength    | <input type="checkbox"/> Chills      |
| <input type="checkbox"/> Cough up blood                  |  |                                      |

Cardiovascular:

- |  |   |                                       |
|--|---|---------------------------------------|
| <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Irregular heart beat | <input type="checkbox"/> Phlebitis    |
| <input type="checkbox"/> Low blood pressure  | <input type="checkbox"/> Blood clots          | <input type="checkbox"/> Palpitations |
| <input type="checkbox"/> Difficult breathing | <input type="checkbox"/> Chest pain           | <input type="checkbox"/> Fainting     |
- Are you taking blood thinners / aspirin?  Yes  No

Gastrointestinal:

- |  |                                       |  |
|--|---------------------------------------|--|
| <input type="checkbox"/> Nausea                      | <input type="checkbox"/> Vomiting     | <input type="checkbox"/> Gas           |
| <input type="checkbox"/> Acid regurgitation          | <input type="checkbox"/> Hiccups      | <input type="checkbox"/> Bloating      |
| <input type="checkbox"/> Bad breath                  | <input type="checkbox"/> Diarrhea     | <input type="checkbox"/> Constipation  |
| <input type="checkbox"/> Use laxatives               | <input type="checkbox"/> Black stools | <input type="checkbox"/> Bloody stools |
| <input type="checkbox"/> Mucus in stools             | <input type="checkbox"/> Itchy anus   | <input type="checkbox"/> Burning anus  |
| <input type="checkbox"/> Rectal pain                 | <input type="checkbox"/> Hemorrhoids  | <input type="checkbox"/> Anal fissures |
| <input type="checkbox"/> Intestinal pain or cramping |                                       |  |

Bowel Movements:

Frequency: \_\_\_\_\_ Color: \_\_\_\_\_  
Formed or Loose: \_\_\_\_\_ Strong Odor:  Yes  No

Musculoskeletal:

- |   |  |  |                                      |
|---|--|--|--------------------------------------|
| <input type="checkbox"/> Neck shoulder pain | <input type="checkbox"/> Upper back pain | <input type="checkbox"/> Joint pain              | <input type="checkbox"/> Muscle pain |
| <input type="checkbox"/> Low back pain      | <input type="checkbox"/> Rib pain        | <input type="checkbox"/> Limited range of motion | <input type="checkbox"/> Sciatica    |
| <input type="checkbox"/> Paralysis          | <input type="checkbox"/> Numbness        |  |                                      |

Skin and Hair:

- |                                      |  |  |                                |
|--------------------------------------|--|--|--------------------------------|
| <input type="checkbox"/> Rashes      | <input type="checkbox"/> Eczema            | <input type="checkbox"/> Dandruff                    | <input type="checkbox"/> Hives |
| <input type="checkbox"/> Ulcerations | <input type="checkbox"/> Psoriasis         | <input type="checkbox"/> Itching                     | <input type="checkbox"/> Acne  |
| <input type="checkbox"/> Hair loss   | <input type="checkbox"/> Fungal infections | <input type="checkbox"/> Change in hair/skin texture |                                |
- Other: \_\_\_\_\_

Neuropsychological:

- |   |  |                                       |   |
|---|--|---------------------------------------|---|
| <input type="checkbox"/> Seizures           | <input type="checkbox"/> Poor memory                     | <input type="checkbox"/> Irritability | <input type="checkbox"/> Depression     |
| <input type="checkbox"/> Easily stressed    | <input type="checkbox"/> Anxiety                         | <input type="checkbox"/> Tics         | <input type="checkbox"/> Abuse survivor |
| <input type="checkbox"/> Seeing a therapist | <input type="checkbox"/> Considered or attempted suicide |                                       |   |

Genitourinary:

- |   |   |   |   |
|---|---|---|---|
| <input type="checkbox"/> Pain on urination  | <input type="checkbox"/> Blood in urine | <input type="checkbox"/> Venereal disease | <input type="checkbox"/> Increased libido |
| <input type="checkbox"/> Frequent urination | <input type="checkbox"/> Incontinence   | <input type="checkbox"/> Bedwetting       | <input type="checkbox"/> Decreased libido |
| <input type="checkbox"/> Urgent urination   | <input type="checkbox"/> Kidney stone   | <input type="checkbox"/> Wake to urinate  | <input type="checkbox"/> Impotence        |
- Incomplete urination  Other: \_\_\_\_\_

Gynecology:

- |  |  |                                       |  |
|--|--|---------------------------------------|--|
| <input type="checkbox"/> Irregular periods   | <input type="checkbox"/> Vaginal sores           | <input type="checkbox"/> Breast lumps | <input type="checkbox"/> Painful periods   |
| <input type="checkbox"/> Vaginal odors       | <input type="checkbox"/> Pregnancies # _____     | <input type="checkbox"/> Clots        | <input type="checkbox"/> Vaginal discharge |
| <input type="checkbox"/> Live births # _____ | <input type="checkbox"/> PMS color _____ # _____ |                                       | <input type="checkbox"/> Breast self exam  |
- Premature births # \_\_\_\_\_  Other: \_\_\_\_\_

**Hendersonville Acupuncture, LLC**  
**Acupuncture Informed Consent To Treat**

I hereby request and consent to the performance of acupuncture treatments and other procedures within the scope of the practice of acupuncture on me (or on the patient named below, for whom I am legally responsible) by the licensed acupuncturist Amanda Stierwalt.

I understand that methods of treatment may include, but are not limited to, acupuncture, moxibustion, electrical stimulation, cupping, tui-na (Chinese massage), Chinese herbal medicine and nutritional counseling.

I have been informed that acupuncture and the adjunct therapies are generally a safe method of treatment, but that it may have some side effects, including bruising, numbness or tingling near the needle site, dizziness or fainting. Possible side effects of taking herbs are nausea, indigestion or loose stools. If I have any questions about the herbs I have been prescribed, those questions will be answered by Amanda Stierwalt, L.Ac.

I understand the Acupuncturist may review my patient records, but all my records will be kept confidential and will not be released without my written consent.

I will notify Amanda Stierwalt if I am or become pregnant.

I understand that no promises have been made to me as to the results of treatment.

By signing below, I show that I have read, or have had read to me, the above consent to treatment, have been informed about the risks and benefits of acupuncture and other procedures, and have had an opportunity to ask questions. I intend for this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

Patient's Name (please print) \_\_\_\_\_

Patient/Patient Representative Signature \_\_\_\_\_

**HENDERSONVILLE ACUPUNCTURE**

312 8<sup>th</sup> Ave. West, Hendersonville, NC 28791

# PRIVACY PRACTICES ACKNOWLEDGEMENT

Hendersonville Acupuncture  
312 8<sup>TH</sup> Avenue West  
Hendersonville, NC 28791  
828-698-7888

I have reviewed the posted Notice of Privacy Practices located in the office lobby.

Name \_\_\_\_\_

Signature \_\_\_\_\_

Birthdate \_\_\_\_\_

Date \_\_\_\_\_